

His Power in My Life

A. Spend a regular quiet time with Jesus to talk with Him and learn about Him.

Here are some ideas. Check off what you've done. Circle what you like best.

Days

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Place

- on my bed
- in my room
- in my favorite chair
- outdoors in a special spot

Time

- when I get up in the morning
- after breakfast
- after supper
- at bedtime
- at _____ o'clock

What to do:

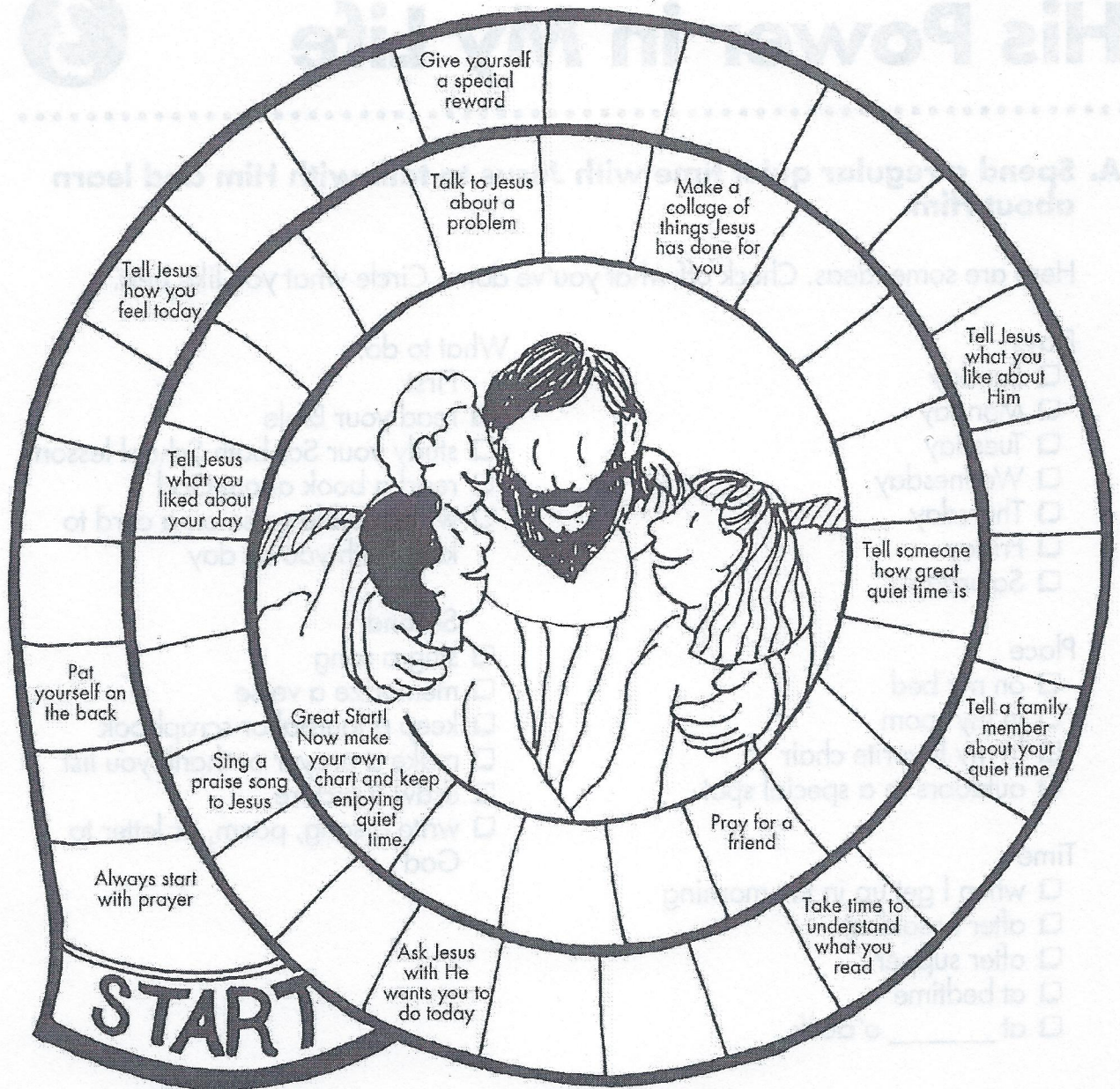
First:

- read your Bible
- study your Sabbath School lesson
- read a book about God
- write a Bible verse on a card to keep with you all day

Second

- sing a song
- memorize a verse
- keep a journal or scrapbook
- make a prayer or thank you list
- draw a picture
- write a song, poem, or letter to God

Color in a square each time you have a quiet time.



Suggestions for Parents or Leaders

Your child needs your example and leadership as he tries to form good devotional habits.

You can help by:

- Having your own daily quiet time with Jesus daily;
- enthusiastically sharing some of the inspiration and insights you receive during your quiet time;
- leading out in family worship daily;
- helping your child choose a wise time and place for his quiet time;
- being a part of your child's quiet time until he is able and eager to continue on his own.