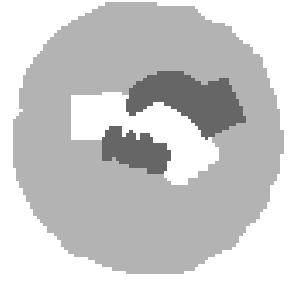




Helping Hand



Prayer Warrior



1. Read what Paul said about the armor of God (Ephesians 6:11-18) and make a poster or craft showing the armor of God:

2. Name 5 Bible Old Testament prayer warriors and read one of their stories from the Bible. How were their lives changes by talking with God?

3. Discuss how and where to pray.

4. Learn who we should pray for and write a prayer of your own. Read this prayer in the Adventurer Club, Sabbath School Class, or during church service.

5. Discuss why you pray.

6. Take a prayer walk with the Adventurers or your family. Talk about the way you felt during the walk.