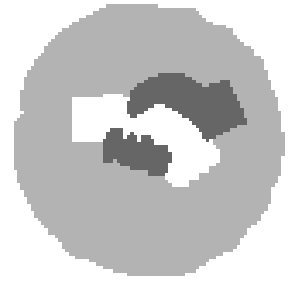


Helping Hand



Skater



1. Describe where and when it is safe to skate.

2. Demonstrate the care of a pair of skates.

3. Learn to skate forward, backward, to the right, to the left, and know how to cross over.

4. Skate through a curve, come to a full stop, and coast.

5. Skate a slalom course with at least six obstacles.

6. Participate in a game played on skates.