

SUNBEAM RESOURCE LIST

NOTE: The resources listed here are only suggestions, not requirements. Not all resources will be available in your division. Select and substitute local resources as available.

BASIC TRACK

I. The Adventurer Law

Be Obedient

Bible stories and texts

Moses strikes the rock (Numbers 20)
Saul Disobeys (1 Samuel 15)
Jonah (Jonah)
Ecclesiastes 12:13 "Fear God and keep his commandments
Acts 5:29 "We must obey God ..."

Songs

Sing for Joy

"Teach Me Lord" No. 110
"Trust and Obey" No. 113
"A Happy Home" No. 136

Be Pure

Bible texts

Philippians 4:8 "... Whatsoever is pure..."
Psalm 24:3, 4 "He who has clean hands and a pure heart ..."
Matthew 5:8 "Blessed are the pure in heart ..."

Songs

Sing for Joy

"Dare to Be a Daniel" No. 116

Be True

Bible stories and texts

Jacob and Esau (Genesis 27)
Ananias lies (Acts 5)
Ephesians 4:25—"Put off falsehood and speak truthfully ..."

Songs

Sing for Joy

"I would Be True" No. 117

Kids Sing Praise

"Truth" No. 35

Be Kind

Bible stories and texts

The Widow of Zarephath (1 Kings 17:7-24)

David and Mephibosheth (2 Samuel 9:3-13)
Ephesians 4:32 "Be kind...to one another ..."
Matthew 5:44 "Love your enemies ..."
Romans 12:10 "Be devoted to one another in brotherly love."

Songs

Sing for Joy

"A Happy Home"—No. 136

Be Respectful

Bible stories and texts

David and Saul (1 Samuel 17-31)
Elisha and the bears (2 Kings 2:23)

Be Attentive

Bible stories and texts

God calls Samuel (1 Samuel 3)
Ten virgins (Matthew 25:1-13)
Gethsemane (Matthew 26:36-46)

Be Helpful

Bible stories and texts

Abraham and angels (Genesis 18:1-14)
Abigail (1 Samuel 25:1-35)
Good Samaritan (Luke 10:25-37)

Songs

Sing for Joy

"Cross Over the Road" No. 131

Be Cheerful

Bible stories and texts

Israelites grumble (Exodus 14:1-13)
2 Corinthians 9:7

Songs

Sing for Joy

"Smile" No. 107

Kids Sing Praise

"Grumblers" No. 47
"I'll Be a Sunbeam" No. 52

Be Thoughtful

Bible stories and texts

Widow's mite (Mark 12:41-44)

Songs

Sing for Joy

"Love at Home" No. 137

"God Bless Families" No. 138

Be Reverent

Bible stories and texts

Isaiah's vision (Isaiah 6:1-8)

Jesus in the temple (Luke 6:6-10)

Money changers (John 2:13-16)

Songs

Sing for Joy

"God Is in This Place" No. 46

"I was Glad" No. 144

"This Is God's House" No. 145

II. Reinforcement

See Appendix II, "Earning the Reading Certificate," for resources and helps.

MY GOD TRACK

I. His Plan to Save Me

Other Bible stories about salvation

Noah (Genesis 6-8)

Paralytic healed (Matthew 9:1-8)

Parable of light (John 3:19-21)

Songs about the assigned stories

Sing for Joy —(Review and Herald)

"God Is So Good" No. 13

"John 3:16" No. 24

"For God So Loved the World" No. 26

"O, How He Loves You and Me" No. 28

"He's Alive" No. 84

"This Is the Day" No. 86

"He Is Lord" No. 87

Books and materials about the assigned stories

Adults

Bible Teaching Pictures. Several sets on the life of Christ. (Standard)

Giant Bible Visuals: Jesus (Rainbow)

White, E. G. *The Desire of Ages*, (Pacific Press)

Children ¹

*Maxwell, Arthur S. *Jesus, Friend of Children*

*Morse, Joyce. *Where Is Jesus?* (Southern Publishing Assn.)

Reece, Colleen. *Three Special Letters*

_____ *About Jesus*

Storytime Adventures in the Life of Christ. Cassettes and puzzle book. (Voice of Prophecy)

*Stump, Gladys Sims. *Baby Jesus* (Southern Publishing Assn.)

The Life of Jesus [A coloring book] (Standard)

¹* indicates a book that may be used to fulfill requirements for the Sunbeam Reading Certificate.

II. His Message to Me

Other Bible texts about salvation

Psalm 32:5 "I acknowledged my sin unto Thee ..."

1 John 3:4, 5 ". . . Sin is the transgression of the law."

Isaiah 44:22 "I have blotted out . . . thy transgressions."

John 14:1-3 "I go to prepare a place for you ..."

Romans 3:23 "All have sinned ..."

Galatians 1:3, 4 "[He] gave Himself for our sins ..."

James 4:17 "To him that knoweth to do good ..."

Songs about salvation

Sing for Joy (Review and Herald)

"His Banner Over Me Is Love" No. 25

"I'm So Happy" No. 65

"Redeemed" No. 68

"Amigos de Cristo" No. 69

Kids Sing Praise (Brentwood)

"Assurance March" No. 13

"Thank You, Lord" No. 30

"We'll Call Him Jesus" No. 55

E. G. White quotations

"If properly instructed, very young children may have correct views of their state as sinners and of the way of salvation through Christ" (*Testimonies*, vol. 1, page 400).

Teach them that the Savior is calling them" (*The Desire of Ages*, page 517).

"They will learn to hate sin and to shun it, not merely for hope of reward or from fear of punishment, but from sense of its inherent baseness—because it is degrading to their God-given powers...." (*Counsels to Parents, Teachers, and Students*, page 21).

"God wants every child of tender age to be His child, to be adopted into His family.... The whole current of their thought may be changed, so that sin will not appear a thing to be enjoyed, but to be shunned and hated" (*Child Guidance*, page 486).

Books and materials about salvation

Children

"God's Perfect Measuring Stick" - flannel graph story on Ten Commandments and need for salvation. (Standard)
Kraemer, Bonita. *Rules Mean Happiness*

III. His Power in My Life

Bible stories and texts

Jesus

Scriptures found (2 Kings 22, 23)

Bereans (Acts 17:10-13)

Deuteronomy 6:4-9 "These words shall be in thine heart ..."

Psalm 119:9-11, 105 "Thy word is a lamp ..."

Psalm 19:7-11 "The law of the Lord is perfect ..."

2 Timothy 2:15 "Study to shew thyself approved ..."

Songs

Sing for Joy

"The Bible, God, Is Wise And True" No. 19

"I Am So Glad" No. 30

"Saints of God" No. 61

Kids Sing Praise

"The B-I-B-L-E" No. 16

"Thy Word Have I Hid in My Heart" No. 67

"Wonderful Words of Life" No. 71

E. G. White quotations

"That spirit [Holy Spirit] loves to address the children and discover to them the treasures and beauties of the word. The promises spoken by the Great Teacher will captivate the senses and animate the soul of the child with a spiritual power that is divine" (*Counsels to Parents, Teachers, and Students*, page 172).

"The best way to prevent the growth of evil is to preoccupy the soil. The greatest care and watchfulness is needed in cultivating the mind and sowing therein the precious seeds of Bible truth" (*Messages to Young People*, page 282).

"We should make the Bible our study above every other book" (*Messages to Young People*, page 426).

"In arousing and strengthening a love for Bible study, much depends on the use of the hour of worship" (*Education*, page 186).

"In its wide range of styles and subjects, the Bible has something to interest every mind and appeal to every heart" (*Child Guidance*, page 505).

Books and materials

Adults

Rhymes and Crafts: Learning from God's Word. Teacher activity ideas, worksheets (Rainbow)

White, E. G. *Education*, pages 185-192 (Pacific Press)

_____ *Messages to Young People*, pages 253-264 (Southern Publishing)

_____ *Child Guidance*, pages 41-44, 505-515 (Review and Herald)

MY SELF TRACK

I. I Am Special

Bible stories and texts

Creation (Genesis 1, 2)

Psalms 139:14—"I am fearfully and wonderfully made ..."

1 Samuel 16:7—"Man looketh on the outward appearance ..."

Songs

Sing for Joy

"Lord, I Love to Stamp and Shout" No. 56

"We Grow in Many Different Ways" No. 58

Kids Sing Praise

"He's Still Workin' on Me" No. 26

"Being Big" No. 54

E. G. White quotations

"To know oneself is great knowledge. True self-knowledge leads to humility that will open the way for the Lord to develop the mind, and mold and discipline the character" (*Counsels to Parents, Teachers, and Students*, page 419).

"While we should not think of ourselves more highly than we ought, the word of God does not condemn a proper self-respect. As sons and daughters of God, we should have a conscious dignity of character in which pride and self-importance have no part" (*Review and Herald*, March 27, 1888).

"The Lord is disappointed when His people place a low estimate upon themselves. He desires His chosen heritage to value themselves according to the price He has placed upon them" (*The Desire of Ages*, page 668).

Books and materials

Adults

Kuzma, Kay. *Developing Your Child's Self-Worth*

Children

"Me, I have feelings" —Task cards (Arden Press)

You Are a Very Special Person (Pacific Press)

II. I Can Make Wise Choices

Use ideas drawn from the children's own experiences to play the "What If?" game.

III. I Can Care for My Body

E. G. White quotations

"Every child and every youth should have a knowledge of himself. He should understand the physical habitation that God has given him and the laws by which it is kept in health" (*The Ministry of Healing*, page 402).

"The student of physiology should be taught that the object of His study is not merely to gain a knowledge of facts and principles. . . . The great requisite in teaching these principles is to impress the pupil with their importance, so that he will conscientiously put them in practice" (*Education*, page 200).

"There are but few among the young who have any definite knowledge of the mysteries of life. The study of the wonderful human organism, the relation and dependence of all its complicated parts, is one in which most mothers take little if any interest.... Teach your children to reason from cause to effect. Show them that if they violate the laws of their being they must pay the penalty in suffering" (*Counsels to Parents, Teachers, and Students*, page 126).

Books and materials

Adults

American Heart Foundation, National Center, 7320 Greenville Avenue, Dallas, TX 75231.
Write for information.

Carratello, Patricia. "My Body" Worksheets (about body organs) you can copy.
(Crachioli/Smith)

Schultz, Terry Louis and Linda M. Sorenson. *The Organic Puppet Theatre: Children's Exercises in Health Awareness* (Night Owl Press)

Children

*Barnard, Dr. Christiaan. *Junior Body Machine* (Crown)

Bodywise —Workbook for elementary-age children (Concerned Communications)

"Caselli, Giovanni. *The Human Body and How It Works* (Grosset and Dunlap)

Your Wonderful Body (National Geographic Books)

MY FAMILY TRACK

I. I Have a Family

E. G. White quotation

"We have nothing to fear for the future, except as we shall forget the way the Lord has led us, and His teaching in our past history" (*Testimonies*, vol. 9, page 10).

II. Families Care for Each Other

Bible stories and texts

David and Saul (1 Samuel chapter 18 through 31)
Matthew 5:9—"Blessed are the peacemakers ..."
Matthew 5:23-24—"Be reconciled to thy brother ..."
Matthew 5:43-44—"Love your enemies ..."
Matthew 18:15-20—"Tell him his fault between he and thee alone ..."
Matthew 18:21-35—"Forgive ... until seventy times seven ..."
Romans 12:18—"Live peaceably with all men ..."
James 4:11 "Speak not evil of one another ..."

Songs

Sing for Joy

"I Would Be True"—No. 117
"Blest Be the Tie That Binds"—No. 140

Kids Sing Praise

"He's Still Workin' on Me"—No. 26
"This Is My Commandment"—No. 29

E. G. White quotation

"The word of the parents should be law, precluding all arguments or evasions. Children should be taught from infancy to implicitly obey their parents" (*Child Guidance*, page 85).

Books and materials

Adults

Bisignano, Judy. "Relating," "Communicating" - Worksheets for children (Good Apple)

Children

Wilt, Joy. *A Kid's Guide to Handling Parents* (Word)
_____. *Handling Your Disagreements* (Word)
_____. *Surviving Fights With Your Brothers and Sisters* (Word)

III. My Family Helps Me Care for Myself

For helps and resources to teach the Road Safety Award, see the *Manual of Adventurer Awards*.

MY WORLD TRACK

I. The World of Friends

For helps and resources to teach the Courtesy Award, see the *Manual of Adventurer Awards*.

II. The World of Other People

Bible stories and texts

Good Samaritan (Luke 10:25-37)

Dorcas (Acts 9:36-42)

Matthew 25:31-46 "I was an hungered, and ye gave me meat?"

James 2:15, 16 "If a brother or sister be destitute ..."

Songs

Sing for Joy

"God Made Our Hands" No. 57

"We Are His Hands" No. 129

"God Calls Us" No. 130

"Cross Over the Road" No. 131

"Jesus Bids Us Shine" No. 133

"This Little Light of Mine" No. 134

Kids Sing Praise

"This Little Light of Mine" No. 40

"Is There Anything I Can Do?" No. 48

"Jesus Bids Us Shine" No. 58

E. G. White quotations

"There are many lines in which the youth can find opportunity for helpful effort. Let them organize into bands for Christian service, and the cooperation will prove an assistance and an encouragement" (*Education*, page 269).

"No recreation helpful only to themselves will prove so great a blessing to the children and youth as that which makes them helpful to others. Naturally enthusiastic and impressible, the young are quick to respond to suggestion" (*Education*, page 212).

"The children should be so educated that they will sympathize with the aged and afflicted and will seek to alleviate the sufferings of the poor and distressed. They should be taught to be diligent in missionary work; and from their earliest years self-denial and sacrifice for the good of others and the advancement of Christ's cause should be inculcated, that they may be laborers together with God" (*The Adventist Home*, page 487).

"Take up the work that should be done in your neighborhood, for which you are held responsible. Wait not for others to urge you to take advance steps" (*The Adventist Home*, page 488).

Books and materials

Children

Sisk, Laura. *Something Important* —story illustrating Matthew 25:40.

III. The World of Nature

Bible stories and texts

Parables of Jesus (See Luke chapters 10 through 15.)

Psalms

Songs

Sing for Joy

"I See the Love of God in Every River" No. 34

"Can You Count the Stars?" No. 35

"God Knows Me" No. 47

"Every Flower That Grows" No. 55

"The Wise Man and the Foolish Man" No. 62

"Water of Life" No. 66

Kids Sing Praise

"Step Into the Sunshine" No. 23

"Wide, Wide As the Ocean" No. 38

"Praise God" No. 56

E. G. White quotations

"The heart not yet hardened by contact with evil is quick to recognize the Presence that pervades all created things" (*Education*, page 100).

"So far as possible, let the child from his earliest years be placed where this wonderful lesson book shall be open before him" (*Education*, pages 100-101).

"Let the little ones play in the open air; let them listen to the songs of the birds, and learn the love of God as expressed in His beautiful works. Teach them simple lessons from the book of nature ... " (*Counsels to Parents, Teachers and Students*, page 146).

"Children should be encouraged to search out in nature the objects that illustrate Bible teachings, and to trace in the Bible the similitude drawn from nature. They should search out, both in nature and in Holy Writ, every object representing Christ, and those also that He employed in illustrating truth" (*Education*, page 120).

Books and materials

Adults

Coleman, William L. *Listen to the Animals: Devotionals for Families with Young Children* (Bethany House)

Kutac, Connie and Elsie Lucas. *Nature Tails and Scavenger Haunts*

Children

Ricchiuti, Paul. *My Very Best Friend* (Pacific Press)